

NORTH SOUND

PROJECT HEALING WATERS FLY FISHING - HEALING THOSE WHO SERVE

BELLINGHAM MEETING - JUNE 9

Inaugural Meeting at the Bellingham Vet Center (6pm).

LAKE SIXTEEN - JUNE 14

Please let Jeff know if you're coming. Limited number of boat seats available.

LADIES CLASS - JUNE 21

We're joining the Portland/Vancouver and JBLM Programs for a Women's Introduction to Fly Fishing on the Teanaway River with Streamside Coven Co. Three veterans attending.

VIRTUAL TRAINING - LEARN - JUNE 22

The Washington State DVA is hosting Virtual Suicide Prevention Training for our North Sound Program. **All participants and volunteers are highly encouraged to attend.**

Microsoft Teams, link provided via email. (7pm)



MONTHLY MEETINGS

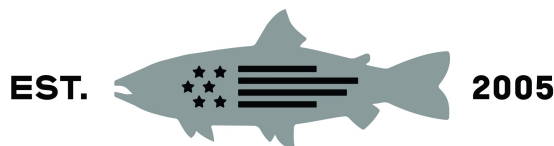
Everett, Oak Harbor, and Burlington On-Line
— *Bellingham starting June 9th!*

Everett - Everett VA Outpatient VA Clinic
First Tuesday of the month (6:30pm)

Oak Harbor - American Legion George Morris Post 129
First Thursday of the month (6:30pm)

Bellingham - Bellingham Vet Center
Second Monday of the month, *starting Jun 9th* (6:00pm)

Burlington - American Legion Post 91
Last Monday of the month (6:30pm)



PROGRAM LEADERSHIP

PROGRAM LEADER

Jeff Sturm

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ASSISTANT PROGRAM LEADER

Tim Bennett

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ASSISTANT PROGRAM LEADER

Heath Lawson

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EDUCATION COORDINATOR

Heath Lawson

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OUTINGS COORDINATOR

Vacant

MEDIA MANAGER

Vacant

LOCATION LEADS

Oak Harbor - Mike Bradford

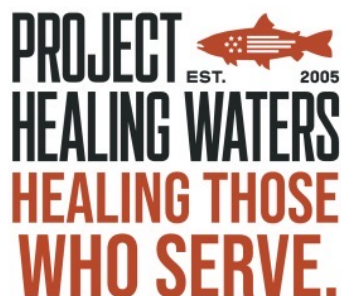
91mkbradford@gmail.com

Everett - Tim Bennett

tim.bennett@projecthealingwaters.org

Burlington - Vacant

Bellingham - Vacant



NEWS

Burlington Expansion & Program Growth

We held our first Burlington-area meeting on Memorial Day at American Legion Post 91. While I was initially concerned about having a meeting on Memorial Day, after a bit of thought, I realized it really made a lot of sense. What's a more fitting way to honor the service and sacrifice of our fallen comrades than action—by supporting those who continue their healing journey?

Program Leadership

Heath Lawson volunteered to join our leadership team as one of our Assistant Program Leads (APL), as well as our Education Coordinator.

Mike Bradford has volunteered to join Tim as one of our Location Leads and will be taking the reins on Whidbey Island.

Volunteers Needed! Has fly fishing and/or Project Healing Waters made a difference in your life? Please consider the vacancies listed to the left and volunteering to join our leadership team: Help build the North Sound Program and make a difference in the lives of your fellow veterans.



Inaugural Burlington Meeting on Memorial Day at American Legion Post 91

OUTREACH

Outreach to veteran organizations and the fly fishing community is critical to our success as a program. Not only do these events spread the PHW story, but they serve to recruit volunteers for future events. Assistance with outreach is always appreciated!

- Upcoming Outreach Events:
 - **Blue Star Families Casting Clinic** (6/1, 1pm) - Coupeville Community Green
 - **Monthly PNW Vets Meetings** in Island, Skagit, Snohomish, and Whatcom Counties (various dates)
 - **Blue Star Families Fishing Class** (7/27) - Deception Pass State Park
 - **VFW Post 8870** - Edmonds (8/20)
 - **Evergreen Fly Fishing Club** - Everett (8/26)

FISHING TIP

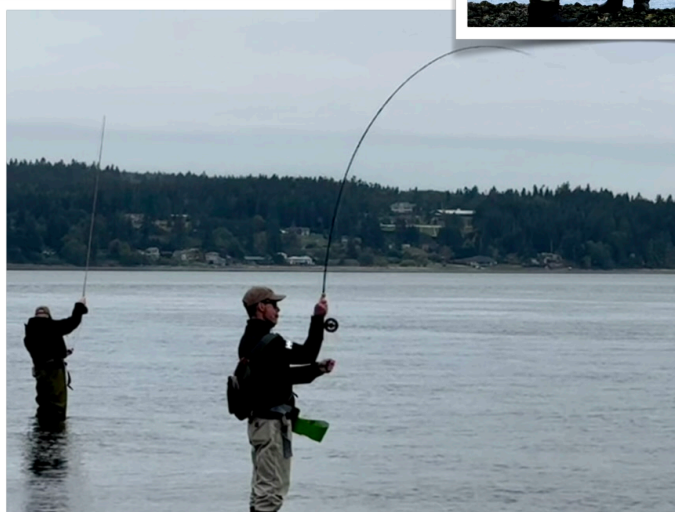
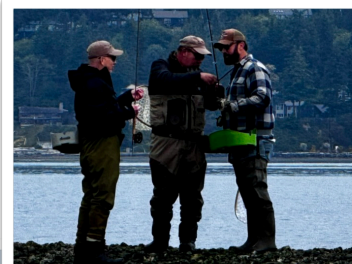
Fluorocarbon mono is stronger and more abrasion resistant than nylon, however it is heat sensitive. Be sure to moisten knots in fluoro before cinching. Water or saliva work well!

LOCAL CLUBS

- Olympic Fly Fishers (OFF) of Edmonds (6/10)
- FFF Pints & Flies (6/10)
- WIFFC Monthly Meeting (6/11)
- 4th Corner Fly Fishers (6/26)

ALA SPIT

PUGET SOUND BEACH FISHING OUTING



PARTICIPANTS GUIDE TO UPCOMING EVENTS				
Jun 1	Casting Clinic with Blue Star Families	Casting	Coupeville Community Green	Volunteers needed to help.
Jun 3	Everett Meeting	Fly Tying	Everett VA Outpatient Clinic	
Jun 5	Oak Harbor Meeting	Fly Tying	American Legion George Morris Post 129, Oak Harbor	
Jun 9	Bellingham Meeting	Education	Bellingham Vet Center	Inaugural Bellingham Meeting!
Jun 10	FFF Pints & Flies	Fly Tying	Rockfish Grill and Brewery, Anacortes	
Jun 14	Lake Sixteen	Fishing Outing	Lake Sixteen in Skagit County	
Jun 21	Women’s Only Class	Fishing Outing	Cle Elum - Teanaway River	
Jun 22	LEARN Virtual Training	Education	Suicide Prevention Training presented by Washington State Dept of Veterans Affairs.	
Jun 30	Burlington Meeting	Fly Tying	American Legion Post 91, Burlington	
LONG RANGE PLANNER				
Jul 27	Blue Star Families Fishing Day	Fishing Outing	Deception Pass State Park	Fishing Class for Blue Star Families. Volunteers need to help.
Aug 9	Pinkapalooza	Fishing Outing	Fort Casey State Park	Saltwater Beach Fishing. Cookout and camping at Jeff’s place in Coupeville.
Sep 26-28	PNW Region 2Fly Competition	Fishing Outing	Ellensburg, WA	Open for four active North Sound Participants. Volunteers Needed. Camping in Ellensburg at Kittitas Event Ctr.
Oct	Skagit River Float	Fishing Outing	Skagit River	
Nov 8	Veterans Days Weekend Chum Float	Fishing Outing	Skagit River	Multiple Boat Float with cookout on the river
Nov-Dec	Rod Building Class	Rod Building	Location: TBD	Multi-day Rod Building class for 4 active participants
Dec	Skagit River Float	Fishing Outing	Skagit River	